

Dr. Denise Healy

Expert in Change Management & Relationship Restoration

Denise Healy is an acclaimed speaker, author, and expert in relationship restoration and change management, with over 40 years of experience transforming lives and organizations. Known for her compassionate yet research-driven approach, Denise specializes in helping leaders and teams foster accountability, open communication, and resilient, compassionate relationships in professional and personal settings.

A respected voice in domestic violence treatment, Denise's groundbreaking research has redefined approaches to rehabilitation and change, influencing new programs that emphasize personal responsibility and meaningful behavior shifts. Her work with state agencies, court systems, and organizations provides evidence-based insights into the effectiveness of treatment durations and methods, supporting leaders in creating environments that prioritize respect, accountability, and emotional well-being.

Denise is the author of *Mending Broken Connections: Ten Simple Strategies to Restore Intimacy in Relationships*, a guide that provides actionable strategies to strengthen bonds and improve communication. In addition to her writing, Denise is a sought-after speaker at conferences, corporate events, and community workshops. Her dynamic presentations equip leaders and teams with tools to enhance culture, communication, and empathy within their organizations.

Denise Healy's keynotes are a powerful blend of practical insights and genuine empathy, inspiring audiences to embrace sustainable change, nurture connection, and lead with integrity and compassion.

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